

Detoxify, Rejuvenate,
Burn calories & Look younger

with



STEAM  **Life**

India's first portable steam - sauna

A quality product from
the house of



A World of
Convenience & Wellness





Your personal portable steam - sauna

What is SteamLife

SteamLife is an easy to use portable steam bath unit that helps you detoxify, rejuvenate & burn extra calories. It is easy, convenient and safe. You can take a steam bath at your convenience - in your personal room, while watching TV, reading newspaper, while talking on phone etc. It is compact and portable so that you can carry it with you anywhere. SteamLife is India's first portable steam-sauna.

What it does

SteamLife helps you open the skin pores and removes toxins and other impurities from your body & blood. It has a positive effect on skin. With steam the blood circulation increases towards the skin. Studies carried out on health benefits of sauna by various health institutes and magazines have stated that the sauna bath is safe for human health and does offer health benefits such as relaxation, weight loss and many more.

Benefits

According to wellness experts & health professionals, you can get following benefits :

Detoxify Your Body

SteamLife at 45 to 55 degrees centigrade makes you sweat from the core of your body thus discharging harmful matters such as lead, cadmium, nickel, cholesterol, salt, lactic acid etc. This can help the body resist illness.

While a shower rinses dirt off your body's surface, the sweating created in a sauna rinses out your pores. A heavy sauna induced sweat really helps cleanse and rejuvenate your skin - much more than just a bath or shower alone.

Burn extra Fat

Using SteamLife helps you discharge excess body fluid, subcutaneous fat as well as salts out of your body. Sweating causes fluid loss from the body, the longer you sit in a SteamLife sauna the more will be the fluid loss. This fluid loss is the actual weight loss. Sauna is definitely an easier way to burn calories.

Feel Fresh & Stress Free

Stress occurring from the continued tension of the nervous system is a major factor to poor health. SteamLife has the effect of expanding the capillary vessels and increasing the blood circulation, resulting in overall calming effect. The calm and comfortable environment will also have the effect of dissolving your stress.

The heat and humidity of the sauna diffuses the pain and relaxes tired muscles. A sauna in the evening will leave tense muscles and sore limbs totally relaxed. Sauna also temporarily relieves arthritic pain.

Get Glowing Skin & Look Younger

Anti-perspirants, artificial environments, smog, synthetic clothing, and a sedentary lifestyle all help clog up your skin pores and inhibit the healthy flow of sweat. Sauna bath with SteamLife helps you open the pores on your skin and helps your body to remove toxins and other impurities from within the body.

SteamLife improves the metabolic function, stimulates the sebaceous glands, removes subcutaneous dirt and discharges the fat from the sebaceous glands. This will keep the skin moist, smooth and glossy.

Improve your health & well-being

SteamLife stimulates the blood circulation and activates the stomach and all other intestines. As your body increases sweat production to cool itself, your heart works harder to boost circulation, thus improving your cardiovascular system. Your immune system is also strengthened because when your body temperature is raised, your systems fight this "artificial fever".

Liver and kidney function may also improve by taking saunas. Good blood circulation helps transport nutrients throughout your body, eliminate toxins, improve heart, liver, and kidney function, improve virtually every function in your body.

Better alternative for weight loss

Sauna is similar to mild exercise, it burns about 300 calories per average session. Regular sauna treatments combined with a healthy diet & moderate exercise will help you lose weight and stay fit & healthy. For people who are unable to exercise regularly, SteamLife offers the ideal solution. As the use of SteamLife for 10 to 15 minutes makes you perspire the same amount as if you had run for few kilometers.

The product - SteamLife

Unique Features (USPs)

- ▶▶ Unique fold up design
- ▶▶ Easy to set up
- ▶▶ Easy & convenient to use
- ▶▶ Occupy little space
- ▶▶ You can watch TV or read magazines as you enjoy the amazing spa.



India's first portable
steam - sauna



Directions for use

1. Assemble the Steam Life Cabin according to the diagrams attached. Connect steam pipe to the steamer pot.
2. Fill the Steamer Pot compartment with tap water up to the indicated maximum water level. You could add a few drops of essential oils at this stage.
3. Connect the Steamer Pot's main plug into a convenient socket. Set the timer to 15 minutes or as comfortable to you.
4. The Steamer Pot will start producing sufficient steam for a steam bath after about 5-10 minutes. Most people choose to take a steam bath for around 10-15 minutes.
5. Place a suitable plastic chair inside the Steam Life Cabin. Sit down and enjoy your steam bath.
6. After use always wipe the inside of the cabin with a dry cloth. Do not put away damp.

Instructions for Unfolding



Instructions for Folding



Caution : Don't immerse the Steamer Pot. It is not a Medical Device. In case you have any health complications, you should consult a doctor before using SteamLife

Contents

SteamLife pack contains following items :

- » Steamer Pot
- » Steam Cabin
- » Steam Pipe
- » Instruction Manual

Specifications

- | | |
|-------------------|------------------------|
| Commodity | : Portable Steam bath. |
| Voltage | : A0220/230 V(50/60Hz) |
| Power | : 750 Watts. (Approx) |
| Capacity of Water | : 1.5 L. max. |
| Time-setting | : 60 min. max. |

Get the benefits of Aroma Therapy with SteamLife



*Aroma Therapy
for
Healing &
Soothing*

Aroma Therapy as the name suggests is therapeutic treatment with aromatic essential oils. Essential oils are the gift of nature to us, they are the volatile extracts of different parts of the plants like flowers, leaves, seeds, bark, wood, roots & even gum resins. They are the most potent representation of the plants therapeutic & healing properties. They are highly aromatic & have balancing effect on our mind, body & emotions, through inhalations & application on skin. Therefore Aroma Therapy oils work on us at two levels; one is our psychological level through inhalation and another is physiological level through skin.

Few drops of these oils either separately or in combination of 2 to 3 types of essential oils can be added to the water in the steamer of the SteamLife. When you take such steam bath with aroma / medication, the steam enters your body through body pores & stays for a long time giving you physiological benefits of freshness & fitness through out the day.

*Aroma Therapy
Mind,
Body & Soul*





Induction Cooker

www.inductioncook.in

Induction Cooker is the world of flameless cooking. It provides rapid heating with precise control similar to gas. This is a portable, stylish & safer option of cooking which makes cooking enjoyable. No flame, no darkening of vessel and only hassle free cooking.

www.portanet.in

GoodSleep

A sound sleep at night starts a better day. A fresh and healthy mind gives positive energy. This unique hassle free mosquito net inhibits mosquitoes to come closer to you. Portability and easy to fold/unfold makes it an extraordinary utility product. A must have for every home and ideal for travelers.



CarJack

www.carjack.in

Kawachi introduces variety of car jacks which makes it convenient to change car tyre. Press button controlled automatic jack allows to lift the car automatically hence no physical effort is required to change car tyres at odd places or on your way to picnic.

www.foldingwardrobe.com

Folding Wardrobe

A stylish, convenient and space saving wardrobe. Get the taste of aesthetics and functionality together – this utility accessory provides easy accessibility of clothes, helps keeping clothes in organized manner. It is available in portable format.



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